

Emergency Procedures

Should the Fire Alarm sound

- The building must be evacuated via the nearest fire exit
- Everyone should congregate at the nearest muster point (East car park at main entrance).
- No one should stop to pick up belongings
- No one should re-enter the building until deemed safe by an authorised person
- Coaches will take the register folder with them and account for all gymnasts

Accident Procedure

- First aid is undertaken by our FirstAid Qualified Coaches.
- The first aid kit is located in the KGC coaches bag and ice packs are located in the cupboard in the games hall (KHS)
- In the event of a serious accident the emergency services will be contacted, and an accident report form completed for the club and venue.



Kirkcaldy
Gymnastics
Club

