

## CODE OF CONDUCT FOR PARENTS / GUARDIANS

- Help us to keep your child safe by encouraging them to learn the rules about safety and acceptable behaviour and to participate within them.
- Help your child to recognise good performance, not just results. Praise your child for effort and achievement, never punish or belittle a child for poor performance or making mistakes.
- Be a positive role model by recognising good sportsmanship and applauding the performances of all. Accept officials' decisions in competition, addressing any queries through the Head Coach at an appropriate time.
- Never force your child to take part in sport.
- Never behave in such a way as to undermine your child's coach.
- Always ensure your child is dressed appropriately for the activity. Our dress code is bare feet, leotards, fitted shorts and T-shirts. There should be no baggy clothing. Track suit bottoms may be worn during the warm up exercises. Jeans are not to be worn. Hair needs to be tied back wherever possible and **all** jewellery removed. (Earrings for newly pierced ears can remain in place but need to be protected by plasters or tape which should be provided by parents/guardians). The Head Coach must be advised of all jewellery or body adornments worn for religious or medical reasons so that a risk assessment can be made regarding personal safety.
- Always ensure your child brings plenty of water to drink to every session.
- All clothing (particularly club leotards and tracksuits) and bottles should be labelled. All property and personal possessions are left at the owners risk and the club cannot accept any responsibility for loss or damage.
- Keep us informed if your child is ill or unable to attend sessions and notify pre-existing injuries or illness to the Head Coach.
- Coaches must be informed of any illness, injury or allergy that may affect your child's training. If the coach deem them unfit to train, the club reserves the right to ask any gymnast to sit out the session until they can be collected by their parent or guardian, or until appropriate medical treatment has been sought.
- **Ensure children arrive and are collected promptly. Always come in to the gymnastics hall to deliver and collect your child. Never leave your child before the session begins, as the coaches' duty of care starts when their class begins.**
- If you decide that your child can go home unaccompanied you will need to provide a signed letter of consent taking full responsibility for their safety and specifying the dates and times for which you are giving permission.
- You are welcome to stay and observe the class, but must refrain from intervening with discipline or coaching unless your help is requested.
- Use appropriate verbal and body language at all times. Swearing, offensive language or aggressive or offensive behaviour will not be tolerated.
- **Annual membership fees are spread equally over a 12 month period and are payable by monthly Standing Order. The membership fee includes insurance, registration to Scottish Gymnastics, affiliation to the British Gymnastics Association, as well as membership of Kirkcaldy Gymnastics Club. All membership fees and any competition fees should be paid promptly. In the event of non-payment a reminder will be issued. The club will then exercise its right to exclude any gymnasts from training or competitions until full payment has been received as their insurance will be void.**
- If your child is absent from sessions for more than 3 weeks without explanation, your child's space will be allocated to another child on the waiting list.
- Any issues or queries should be referred in the first instance to the coaches.